### **Highmark Blue Cross Blue Shield: PPO**

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 04/01/2014 - 03/31/2015

Coverage for: Individual/Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.highmarkbcbs.com or by calling 1-800-241-5704.

<b>Important Questions</b>	Answers	Why this Matters:
What is the overall deductible?	\$750 individual/\$1,500 family network, \$1,500 individual/\$3,000 family out- of-network.  Network deductible does not apply to office visits, preventive care services, emergency room services, urgent care, rehabilitation services and prescription drug benefits.  Copayments, coinsurance amounts don't count toward the network deductible.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 3 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 3 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Network: \$4,000 individual/\$8,000 family out-of-pocket up to a total maximum out-of-pocket of \$6,350 individual/\$12,700 family  Out-of-Network: \$5,000 individual/\$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.

Questions: Call 1-800-241-5704 or visit us at www.highmarkbcbs.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/healthreform and www.HealthCare.gov or call 1-800-241-5704 to request a copy.

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What is not included in the out-of-pocket limit?	Network: Premiums, balance-billed charges, prescription drug expenses and health care this plan doesn't cover do not apply to your total maximum out-of-pocket.  Out-of-Network: Deductibles, copayments, prescription drug expenses, premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 3 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of <u>network</u> <u>providers</u> , see www.highmarkbcbs.com or call 1-800-241-5704.	If you use a <u>network</u> doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your <u>network</u> doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 3 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed in the Excluded Services & Other Covered Services section. See your policy or plan document for additional information about <b>excluded services</b> .

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use <u>network providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost if You Use a Network Provider	Your Cost if You Use an Out-of- Network Provider	Limitations & Exceptions
If you visit a health care provider's office	Primary care visit to treat an injury or illness Specialist visit	\$25 copay/visit \$25 copay/visit	40% coinsurance	none
or clinic	Other practitioner office visit	\$25 copay/visit for chiropractor	40% coinsurance for chiropractor	Combined network and out-of-network: 20 visits per benefit period.
	Preventive care Screening Immunization	No charge for preventive care services.	No coverage for preventive care visits. 40% coinsurance for screening services 40% coinsurance for immunizations	Please refer to your preventive schedule for additional information.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	none
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	none

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO

Common Medical Event	Services You May Need	Your Cost if You Use a Network Provider	Your Cost if You Use an Out-of- Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at 1-800-241-5704.	Generic drugs	\$20/\$40/\$60 copay (retail) \$40 copay (mail order)	Not covered	Up to 31/60/90-day supply retail pharmacy. Up to 90-day supply maintenance prescription drugs through mail order. Certain participating retail pharmacy providers may have agreed to make maintenance prescription drugs available at the same cost-sharing and quantity limits as the mail service coverage.
	Formulary Brand drugs	\$50/\$100/\$150 copay (retail) \$100 copay (mail order)	Not covered	Up to 31/60/90-day supply retail pharmacy. Up to 90-day supply maintenance prescription drugs through mail order. Certain participating retail pharmacy providers may have agreed to make maintenance prescription drugs available at the same cost-sharing and quantity limits as the mail service coverage.

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

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Common Medical Event	Services You May Need	Your Cost if You Use a Network Provider	Your Cost if You Use an Out-of- Network Provider	Limitations & Exceptions
	Non-Formulary Brand drugs	\$100/\$200/\$300 copay (retail) \$200 copay (mail order)	Not covered	Up to 31/60/90-day supply retail pharmacy. Up to 90-day supply maintenance prescription drugs through mail order. Certain participating retail pharmacy providers may have agreed to make maintenance prescription drugs available at the same cost-sharing and quantity limits as the mail service coverage.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	none
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	none
If you need immediate	Emergency room services	\$100 copay/visit	\$100 copay/visit	Copay waived if admitted as an inpatient.
medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	Out-of-network: Subject to network deductible
	Urgent care	\$25 copay/visit	40% coinsurance	none
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Precertification may be required.
hospital stay	Physician/surgeon fee	20% coinsurance	40% coinsurance	none

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

**Coverage for:** Individual/Family | **Plan Type:** PPO

Common Medical Event	Services You May Need	Your Cost if You Use a Network Provider	Your Cost if You Use an Out-of- Network Provider	Limitations & Exceptions
If you have mental health,	Mental/Behavioral health outpatient services	20% coinsurance	40% coinsurance	none
behavioral health, or substance	Mental/Behavioral health inpatient services	20% coinsurance	40% coinsurance	Precertification may be required.
abuse needs	Substance use disorder outpatient services	20% coinsurance	40% coinsurance	none
	Substance use disorder inpatient services	20% coinsurance	40% coinsurance	Precertification may be required.
If you are pregnant	Prenatal and postnatal care	20% coinsurance	40% coinsurance	Network: The first visit to determine pregnancy is covered at no charge. Please refer to the Women's Health Preventive Schedule for additional information.
	Delivery and all inpatient services	20% coinsurance	40% coinsurance	Precertification may be required.
If you need help	Home health care	20% coinsurance	40% coinsurance	none
recovering or have other special health needs	Rehabilitation services	\$25 copay/visit	40% coinsurance	Combined network and out-of- network: 20 physical medicine visits, 20 speech therapy visits and 20 occupational therapy visits per benefit period.
	Habilitation services	Not covered	Not covered	none
	Skilled nursing care	20% coinsurance	40% coinsurance	Out-of-network: 100 days per benefit period
	Durable medical equipment	20% coinsurance	40% coinsurance	none
	Hospice service	20% coinsurance	40% coinsurance	none

**Questions:** Call 1-800-241-5704 or visit us at www.highmarkbcbs.com.

Coverage Period: 04/01/2014 - 03/31/2015

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

**Coverage for:** Individual/Family | **Plan Type:** PPO

Common Medical Event	Services You May Need	Your Cost if You Use a Network Provider	Your Cost if You Use an Out-of- Network Provider	Limitations & Exceptions
If your child	Eye exam	Not covered	Not covered	none
needs dental or	Glasses	Not covered	Not covered	none
eye care	Dental check-up	Not covered	Not covered	none

#### **Excluded Services & Other Covered Services:**

Acupuncture

Hearing aids

Routine foot care

Cosmetic surgery

• Long-term care

Weight loss programs

- Dental care (Adult)
- Habilitation services

Routine eye care (Adult)

## Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Bariatric surgery

- Coverage provided outside the United States. See www.bcbsa.com
- Non-emergency care when traveling outside the U.S.

Chiropractic care

• Infertility treatment

Private-duty nursing

Questions: Call 1-800-241-5704 or visit us at www.highmarkbcbs.com.

#### Coverage Period: 04/01/2014 - 03/31/2015

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#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-241-5704. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="www.cciio.cms.gov">www.cciio.cms.gov</a>.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

- Highmark Inc. at 1-800-241-5704.
- The Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>.
- The Pennsylvania Department of Consumer Services at 1-877-881-6388.
- Additionally, a consumer assistance program can help you file your appeal. Contact the Pennsylvania Department of Consumer Services at 1-877-881-6388.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage.** 

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

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To obtain language assistance, call 1-800-241-5704.

SPANISH (Español): Para obtener asistencia en Español, llame al 1-800-241-5704.

TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-241-5704.

CHINESE (中文): 如果需要中文的帮助,请拨打这个号码 1-800-241-5704.

NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-241-5704.

——To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

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Coverage for: Individual/Family | Plan Type: PPO

### **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

# Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,450
- **Patient pays** \$2,090

#### **Sample care costs:**

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

\$750
\$40
\$1,300
\$0
\$2,090

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$3,640
- **Patient pays** \$1,760

#### **Sample care costs:**

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### **Patient pays:**

Total	\$1,760
Limits or exclusions	\$0
Coinsurance	\$10
Copays	\$1,000
Deductibles	\$750

You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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### Questions and answers about the Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from <u>network</u> <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

\*No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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## **Summary of Connoisseur Media Custom 750 PPO Plan**

On the chart below, you'll see what your plan pays for specific services. You may be responsible for a facility fee, clinic charge or similar fee or charge (in addition to any professional fees) if your office visit or service is provided at a location that qualifies as a hospital department or a satellite building of a hospital.

Benefit	Network	<b>Out-of-Network</b>
	General Provisions	
Benefit Period(1)	Contract Year	
Deductible (per benefit period)		
Individual	\$750	\$1,500
Family	\$1,500	\$3,000
Plan Pays – payment based on the plan allowance	80% after deductible	60% after deductible
Out-of-Pocket Limit (Once met, plan pays 100%		
coinsurance for the rest of the benefit period)	\$4,000	\$5,000
Individual	\$8,000	\$10,000
Family	\$0,000	\$10,000
Total Maximum Out-of-Pocket (Includes deductible,		
coinsurance, copays and other qualified medical		
expenses, Network only)(2) Once met, the plan pays		
100% of covered services for the rest of the benefit		
period.		
Individual	\$6,350	Not Applicable
Family	\$12,700	Not Applicable
Autism Spectrum Disorders (ASD) Maximum (per	\$40,000/benefit period	
person)(3)		
	ice/Clinic/Urgent Care Visits	
Retail Clinic Visits	100% after \$25 copayment	60% after deductible
Primary Care Provider Office Visits	100% after \$25 copayment	60% after deductible
Specialist Office & Virtual Visits	100% after \$25 copayment	60% after deductible
Virtual Visit Originating Site Fee	100% after deductible	60% after deductible
Urgent Care Center Visits	100% after \$25 copayment	60% after deductible
	Preventive Care(4)	
Routine Adult		
Physical exams	100% (deductible does not apply)	Not Covered
Adult immunizations	100% (deductible does not apply)	60% after deductible
Colorectal cancer screening	100% (deductible does not apply)	60% after deductible
Routine gynecological exams, including a Pap Test	100% (deductible does not apply)	60% (deductible does not apply)
Mammograms, annual routine and medically	100% (deductible does not apply)	60% after deductible
necessary		
Diagnostic services and procedures	100% (deductible does not apply)	60% after deductible
Routine Pediatric		
Physical exams	100% (deductible does not apply)	Not Covered
Pediatric immunizations	100% (deductible does not apply)	60% (deductible does not apply)

Benefit	Network	Out-of-Network
Diagnostic services and procedures	100% (deductible does not apply)	60% after deductible
Hospital and Med	dical/Surgical Expenses (including mater	nity)
Hospital Inpatient	80% after deductible	60% after deductible
Hospital Outpatient	80% after deductible	
Maternity (non-preventive facility & professional	80% after deductible	
services) including dependent daughter		
Medical Care (including inpatient visits and	80% after deductible	
consultations)/Surgical Expenses		
	Emergency Services	
Emergency Room Services	100% after \$100 copayment (waived if admitted)	
Ambulance	80% after deductible	80% after in-network deductible
Ambulance – Non-Emergency	80% after deductible	60% after deductible
Then	apy and Rehabilitation Services	
Physical Medicine	100% after \$25 copayment	60% after deductible
-	Limit: 20 visits/benefit period	
Respiratory Therapy	80% after deductible	
Speech & Occupational Therapy	100% after \$25 copayment	60% after deductible
	Limit: 20 visits per t	herapy/benefit period
Spinal Manipulations	100% after \$25 copayment	60% after deductible
•	Limit: 20 visits/benefit period	
Other Therapy Services (Cardiac Rehab, Infusion	80% after deductible	60% after deductible
Therapy, Chemotherapy, Radiation Therapy and		
Dialysis)		
Me	ental Health/Substance Abuse	
Inpatient	80% after deductible	
Inpatient Detoxification/Rehabilitation	80% after deductible	60% after deductible
Outpatient	80% after deductible	
	Other Services	
Allergy Extracts and Injections	80% after deductible	
Applied Behavior Analysis for Autism Spectrum	80% after deductible	60% after deductible
Disorders(3)		
Assisted Fertilization Procedures	Not Covered	
Dental Services Related to Accidental Injury	80% after deductible	60% after deductible
Diagnostic Services		
Advanced Imaging (MRI, CAT, PET scan, etc.)	80% after deductible	60% after deductible
Basic Diagnostic Services (standard imaging,	80% after deductible	60% after deductible
diagnostic medical, lab/pathology, allergy testing)		
Durable Medical Equipment, Orthotics and	80% after deductible	
Prosthetics		
Home Health Care	80% after deductible	60% after deductible
Hospice	80% after deductible	
Infertility Counseling, Testing and Treatment(5)	80% after deductible	

Benefit	Network	Out-of-Network
Private Duty Nursing	80% after Network deductible Limit: 240 hours/benefit period	
Skilled Nursing Facility Care	80% after deductible	60% after deductible
		Limit: 100 days/benefit period
Transplant Services	80% after deductible	60% after deductible
Precertification Requirements(6)	Yes	
	Prescription Drugs	
Prescription Drug Deductible		
Individual	None	
Family	None	
Prescription Drug Program(7)	Retail Drugs (31-/60-/90-day Supply)	
Mandatory Generic	\$20/\$40/\$60 generic copayment	
Defined by the Premier 2012 Pharmacy Network -	\$50/\$100/\$300 formulary brand copayment	
Not Physician Network. Prescriptions filled at a	\$100/\$200/\$300 non-formulary brand copayment	
non-network pharmacy are not covered.		
	Maintenance Drugs through Mail Order (90-day Supply)	
Your plan uses comprehensive formulary.	\$40 generic copayment	
	\$100 formulary brand copayment	
	\$200 non-formulary copayment	

- (1) Your group's benefit period is based on a Contract year from April 1 to March 31.
- (2) Effective with plan years beginning on or after January 1, 2014 the Network Total Maximum Out-of-Pocket as mandated by the federal government must include deductible, coinsurance, copays, and any qualified medical expense. The Total Maximum Out-of-Pocket cannot be more than \$6,350 for individual and \$12,700 for two or more persons.
- (3) Coverage for eligible members to age 26. Services will be paid according to the benefit category (e.g. speech therapy). Treatment for autism spectrum disorders does not reduce visit/day limits.
- (4) Services are limited to those listed on the Highmark Health Preventive Schedule (Women's Health Preventive Schedule may apply). Gender, age and frequency limits may apply.
- (5) Treatment includes coverage for the correction of a physical or medical problem associated with infertility. Infertility drug therapy may or may not be covered depending on your group's prescription drug program.
- (6) Highmark Health Medical Management & Policy (MM&P) must be contacted prior to a planned inpatient admission or within 48 hours of an emergency or maternity-related inpatient admission. Be sure to verify that your provider is contacting MM&P for precertification. If not, you are responsible for contacting MM&P. If this does not occur and it is later determined that all or part of the inpatient stay was not medically necessary or appropriate, you will be responsible for payment of any costs not covered.
- (7) The formulary is an extensive list of Food and Drug Administration (FDA) approved prescription drugs selected for their quality, safety and effectiveness. It includes products in every major therapeutic category. The formulary was developed by the Highmark Pharmacy and Therapeutics Committee made up of clinical pharmacists and physicians. Your program includes coverage for both formulary and non-formulary drugs at the specific copayment or coinsurance amounts listed above. Under the soft mandatory generic provision, you are responsible for the payment differential when a generic drug is authorized by your provider and you purchase a brand name drug. Your payment is the price difference between the brand name drug and generic drug in addition to the brand name drug copayment or coinsurance amounts, which may apply.